



## NuEra® Tight Informed Consent Form

NuEra® Tight is a non-invasive procedure that emits radiofrequency (RF) that gently heat the skin and surrounding tissue. Induced heating of body tissues may provoke various physiological and thermoregulatory responses, such as reduction in the appearance in cellulite.

## **Treatment Course:**

In all cases, your treatment course will be set and defined in accordance to your providers recommendation. Number of treatments are usually between 4-6 treatments in accordance to the treatment area and the desired clinical outcome. Treatment sessions are scheduled at least 1 week apart and no more than 3 weeks apart for optimal results.

## What to expect during treatment:

A treatment probe responsible for emitting the RF energy is placed over the targeted area; as a result, you may feel varying degrees of heat. You may also feel an achy or sore feeling after treatment that can last between 24-48 hours. After treatment, you may experience:

- Erythema, or general tissue redness and irritation which is common and may present for few hours after treatment.
- Some patients show results after the first treatment, and other patients take a little while longer.
- You can expect full results in up to 8 12 weeks to appear.

The treatment requires patients meet a basic inclusion criterion to minimize general risk. If any of the following apply to you, we cannot perform the treatment:

- Taking medicines that increase skin sensitivity to heat or that change skin metabolism
- Cancer or pre-cancerous lesions in treatment area
- Herpes simples in the treatment area
- Risk of keloid scars
- Pregnancy
- Pacemaker
- Significant skin conditions or any inflammatory skin conditions
- Active cold sores or open lacerations/abrasions
- Anticoagulant therapy
- Chronic viral, fungal or bacterial diseases
- Active local or systemic infections
- Any disease in which a temperature increase is contraindicated

By signing this document, you are confirming that all known potential side effects have been properly explained, which include:

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- Warmth and mild pink to redness skin usually disappears after treatment.
- Mild diarrhea, transient erythema and a mild shock similar to a static discharge mostly due to an excessive heating or lack of full contact with tissue.
- The treated area mildly swollen immediately after the treatment.

Before and after pictures taken as part of the treatment. These pictures may be used for marketing purposes with all identifying information removed.

Patient Signature:	Date:
Provider Signature:	Date:

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