

Postoperative Care Following Varilite Laser

In most cases, the treatment will result in a mild sunburn like sensation that can last 2-3 hours.

Mild redness and swelling may persist for several days. The treatment site should be washed gently twice daily with mild soap and water, and patted dry. Ice packs should be used as much as possible to help with swelling for the first 24 hours. You should sleep with the head of your bed elevated to also help with any swelling. If crusting/blistering occurs, you should be careful not to disturb the crusts, and the areas should be treated twice daily with a topical antibiotic ointment. Direct sun exposure to the treatment site should be avoided for 2 weeks following treatment, and sunscreen should be applied daily. Avoid heat – hot tubs, saunas etc. for 2 days. Avoid skin irritants like tretinoin, retinal, glycolic/salicylic acids, astringents and benzoyl peroxide for a few days. Following vascular lesion removal, bruising may develop on the day of treatment or following treatment and will normally resolve spontaneously over 14 days. Pigmented lesions will turn darker within 24-48 hours and will exfoliate off of the face in 1-2 weeks and off of the body in 2-3 weeks.

Retreatment following vascular lesions and pigmented lesions is not recommended prior to 4-6 weeks following treatment.

If you have any questions or concerns, please contact Jen at 527-8127